

**102105T4COH**

**COMMUNITY HEALTH LEVEL 5**

**HE/OS/CH/CR/05/5/A**

**CONDUCT COMMUNITY HEALTH SERVICE STRATEGIES**

**NOV/DEC 2023**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**WRITTEN ASSESSMENT**

**Time: 3 Hours**

**INSTRUCTIONS TO CANDIDATE**

1. The paper consists of three sections: **A**, **B** and **C**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

**This paper consists of Seven (7) printed pages.**

**Candidate should check the question paper to ascertain that all pages  
are printed as indicated.**

**SECTION A: (20 MARKS)**

***Answer ALL the questions in this section.***

1. Which of the following is an element of community health services strategy?
  - A. Awareness Creation
  - B. Community Health Unit
  - C. Partnership
  - D. Community Forums
2. Identify from the following, an indicator from the household register.
  - A. Functional household latrine
  - B. Knowledge of pneumonia status in the household
  - C. Known acute illness in the household
  - D. Access to health facilities by the household members
3. From the statements below, identify a characteristic of a functional partnership.
  - A. Partnership encourages use of appropriate technology
  - B. Partnership enables co-ordination of various sectors
  - C. Partnership seek to recognize, affirm and build on strengths of each other
  - D. Partnership entails use of legal framework
4. Which one of the following is a step of conducting community health needs assessment?
  - A. Identifying and Securing Resources.
  - B. Develop comprehensive stakeholder
  - C. Mobilizer groups
  - D. Dissemination of data
5. Which one of the following is a service delivered at level 1 as per the Kenya Essential Package of Health (KEPH)?
  - A. Referred services
  - B. Behavior-change communication
  - C. Community dialogue
  - D. Community action

6. Choose from the following, a method that a community health worker can use to identify community health unit boundaries.
  - A. A region that has an approximately 1000 households
  - B. A region that has been demarcated by the ministry of land with a 1000 households.
  - C. A region that has a private dispensary serving all the 1000 households.
  - D. A region that uses rivers and mountains as boundaries with 1000 households
7. \_\_\_\_\_ is an aim of advocacy towards the implementation of a community health strategy programmes.
  - A. Developing relevant cost-effective behavior change messages.
  - B. Enhancing community capacity to maintain household behavior change.
  - C. Promoting an inter-sectorial disciplinary approach implementation.
  - D. Mobilizing resources for development of a supportive system.
8. Identify from the following, an aim of social mobilization as a precursor of conducting community health service strategy activities.
  - A. Helping the community to develop simple format for collecting, keeping, processing and disseminating the information.
  - B. Identifying roles, responsibilities for various partners in the implementation of services delivered at the household level.
  - C. Working with the communities to determine key information to collect.
  - D. Promoting self -directed problem identification.
9. Which of the following requirements will a community health assistant consider when recruiting a community health promoter?
  - A. Should be forty years and above
  - B. Must have a university certification
  - C. Should be having a Kenyan passport
  - D. Should be willing to serve the community without charging
10. Choose from the following, a reason for visiting gate keepers of the community before initiating a new programme.
  - A. They identify the current and previous health trends within the community.
  - B. They formulate the goals and objectives of each focal person.
  - C. They act as entry points into the community
  - D. They protect community norms.

11. Which of the following ways can a community health assistant use to motivate community health volunteers?
- A. Reporting to the focal person on the activities they have been involved in.
  - B. Motivating members of the community to adopt health promoting practices.
  - C. Giving them priority when there are paid jobs for health campaigns and mass treatments.
  - D. Organizing, mobilizing and leading village health activities.
12. Community entry refers to the \_\_\_\_\_
- A. Process of visiting gate keepers to enhance service delivery and the package of care and support.
  - B. process of initiating, nurturing, and sustaining a desirable relationship while securing community interest.
  - C. Process of collecting health data in the community on health indicators.
  - D. Process of disseminating analyzed information for dialogue, advocacy and social mobilization to enhance the implementation of community programmes
13. Which of the of the following health management committees of the governance structure is responsible for level two and three of the service system?
- A. Health sector coordinating committee
  - B. Joint interagency coordinating committee
  - C. Sub-county health Stakeholder forum
  - D. Health facility committee
14. Which one of the following is a step in initiating a partnership strategy?
- A. Awareness raising and formation of Structures.
  - B. Establishing linkage between the system and the Community.
  - C. Liaising with the CHCs in convening community health days for joint health actions.
  - D. Strengthening community involvement in decision making.
15. Identify from the following a type of partnership.
- A. Positive partnership
  - B. Absolute partnership
  - C. Paradigm interdependence partnership
  - D. Synergistic partnership

16. Which of the following principles guides the implementation community health services strategy?
- A. Information dissemination strategy.
  - B. Community Centered approach.
  - C. inter-institutional collaboration.
  - D. Efficiency and self-reliance.
17. Choose from the following what to use as a guideline for conducting community dialogue days.
- A. Develop a community dialogue day program.
  - B. Establish a community linkage structure.
  - C. View the records of the local administration.
  - D. Conduct regular meetings with community health volunteers.
18. Which of the following is a reason for community health assistant to carry out regular support supervision?
- A. To monitor the development of community health promoters
  - B. To guide community health promoters in giving vaccines
  - C. To ensure compliance of community members to health seeking behaviors
  - D. To coach community health promoters to comply with standards
19. Who among the following is an actor at level one of health service provision as per the Kenya Essential Package for Health.
- A. Authorities including the government agencies.
  - B. Religious leaders.
  - C. Community own resource person.
  - D. Core beneficiaries.
20. \_\_\_\_\_ is a service offered at level 6 of health service delivery system in Kenya.
- A. Screening for early detection of health problems.
  - B. Support for behavior formation.
  - C. Family planning
  - D. Specialized services

**SECTION B: (40 MARKS)**

*Answer ALL the questions in this section*

21. Define the following terms as used in community health Strategy services. **(4 Marks)**
- a) Corrective action Corrective and preventive action (CAPA)
  - b) Appraisal
22. Appraisal of community health committees is conducted based on their general performance in the community. Outline THREE importance of appraisal system. **(3 Marks)**
23. Community Health Promoters (CHPs) are individuals from different backgrounds in the community. Highlight THREE challenges they are facing when implementing community health services strategies. **(3 Marks)**
24. Community health workers play a key role in health promotion. State FOUR areas of need for health promotion programs. **(4 Marks)**
25. Community health promoters offer health services at the community. Highlight FOUR preventive services they offer in the community **(4 Marks)**
26. The Kenya Essential Package for Health defines six life-cycle cohorts. Identify the first FOUR cohorts. **(4 Marks)**
27. Health messages for all lifecycle cohorts are obtained based on community health services strategy package. State FOUR messages to be included for adults. **(4 Marks)**
28. The main role of community health units is to bring health services closer to the people. Identify FOUR services provided at a community health unit. **(4 Marks)**
29. Prevention which is a key concept of community-based care is conceptualized on three levels. Outline the THREE levels of disease prevention. **(3 Marks)**
30. State FOUR roles of community health committees in the community health unit. **(3 Marks)**
31. Highlight THREE principles of primary health care. **(3 Marks)**

**SECTION C: (40 MARKS)**

*Answer any TWO questions in this section*

32. Community health assistant is directly answerable to the link facility in-charge and directly supervised by a Sub-County community health coordinator.

a) Who is a community health assistant? **(2 Marks)**

b) Describe FOUR considerations made during the selection of a community health assistant. **(8 Marks)**

c) Explain FIVE responsibilities of a community health assistant. **(10 Marks)**

33. The Kenya Essential Package for Health (KEPH) is designed as an integrated collection of cost-effective interventions that address key issues within the community, focusing on effective communication aimed at behaviour change.

a) State the first FOUR levels of service delivery in the health care system.

**(4 Marks)**

b) Discuss FOUR key issues stipulated in the Kenya Expanded Package for Health (KEPH). **(16 Marks)**

34. Conducting community health promoters performance evaluation is important for effective delivery of community health services.

a) Define the term performance evaluation. **(2 Marks)**

b) Explain FOUR goals of employee performance evaluation. **(8 Marks)**

c) Describe FIVE steps followed in creating an effective evaluation system. **(10 Marks)**

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