102106T4COH
COMMUNITY HEALTH LEVEL 6
HE/OS/CH/CR/08/6/A
Manage Gender, Disability, and Vulnerable Groups
Nov/Dec 2023



# TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

# WRITTEN ASSESSMENT Time: 3 HOURS

#### INSTRUCTION TO CANDIDATE

- 1. This paper has two sections **A** and **B**
- 2. You are provided with a separate answer booklet
- 3. Marks for each question are as indicated
- 4. Do not write on the question paper

This paper consists of three (3) printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

### **SECTION A: (40 MARKS)**

#### Answer ALL the questions in this section

- 1. Early pregnancies are still common in slum areas in Kenya. Outline TWO ways that can be adopted to reduce the high rates of early pregnancies in your community. (2 Marks)
- 2. Identify TWO needs of the vulnerable population in your community. (2 Marks)
- 3. The government and non-governmental organizations fund programs targeting vulnerable populations in the country. Mention FOUR factors contributing to vulnerability of communities in Kenya. (4 Marks)
- 4. Floods seasonally affect various parts of the Country, especially along the flood plains in Lake Victoria Basin and Tana River region. State FOUR ways that floods affect these communities. (4 Marks)
- 5. Support groups provides for its members with different types of assistance not necessarily material and financial support. Identify **FOUR** integrated support groups in Kenya.

(4 Marks)

- 6. For effective public participation, it is crucial to identify all stakeholders. Mention FOUR stakeholders involved in addressing health interventions in communities. (4 Marks)
- 7. Health is defined as a complete state of physical, mental, and social well-being and not merely the absence of disease or infirmity. Highlight FOUR determinants of health.

(4 Marks)

- 8. Distinguish between gender equity and gender equality. (4 Marks)
- A community linkage structure has a steering committee. Enumerate FOUR roles of the committee.
   (4 Marks)
- 10. Despite the efforts of Community Health Workers (CHWs) to improve the health of the communities, community members at times fail to access health services. Highlight FOUR barriers to access health services in your community. (4 Marks)
- 11. Vulnerable groups are disadvantaged and struggle to meet their basic needs without assistance. Outline FOUR vulnerable groups in Kenya. (4 Marks)

### **SECTION B: (60 MARKS)**

## Answer any THREE questions in this section.

- 12. Maxwell is a 19-year-old boy from a rich family, who recovered from polio when he was 4 years old. Maxwell suffered paralysis in his limbs. His mother bought him a wheelchair for mobility, including going to school. Maxwell eats a well-balanced diet and his mother buys him everything he desires.
- a) Is Maxwell considered to be part of vulnerable groups? Justify your answer. (2 Marks)
- b) Describe FIVE challenges being faced by Maxwell.

**(10 Marks)** 

- c) Explain FOUR ways to address challenges faced by Maxwell.
- (8 Marks)
- 13. As a community health assistant, you have been conducting research on health issues affecting your community. This is with intent to advocate for their health needs in the next annual conference with international health organizations.
- a) Explain FIVE issues of interest affecting community health needs that you will capture in your report.
   (10 Marks)
- b) In order to identify social factors affecting the health of the community, health researchers establish cohorts to determine the effects of exposure of the social factors on populations. Describe the FIVE steps you will use as a researcher in your cohort selection process.

(10 Marks)

- 14. Community health assistant are often involved in health awareness campaigns to educate the public on promotive and preventive health. You have been tasked to conduct an awareness campaign on cervical cancer prevention in your community.
  - a) When forming community linkage structure, it is important to identify and engage people from different categories. Identify TWO of these categories. (2 Marks)
  - b) Describe the SIX steps you will follow when carrying out this noble task. (18 Marks)
- 15. You have successfully conducted an awareness programme on Non-Communicable Diseases (NCDs) among the vulnerable groups in Kiwi Village. This was an intervention strategy after health needs assessment report revealed that there was a growing number of NCDs in the community.
  - a) Discuss FIVE approaches to preventing NCDs in Kiwi village. (10 Marks)
  - b) Describe FIVE Non-Communicable Diseases found in your assessment report.

(10 Marks)

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